HUMBERTO THE HUMMING BUTTERFLY: DISCUSSION QUESTIONS AND ACTIVITIES FOR PEOPLE OF ALL AGES!

Reflect on the following questions and participate in the related activities, either by yourself or with a group of people or your family! These questions and activities are meant for people of all ages, although younger children may need help in understanding some of the discussion questions and instructions. Enjoy learning more about yourself and others in your life!

- Humberto loves to hum. What are some of the things that you love to do? Maybe you like to sing, draw, paint, play sports, build things, read, or something else. Here at Jump into the Arts, we refer to these activities that you enjoy doing as the "art that's in your heart!"
- 2. In the story, the bee made fun of Humberto for humming. Has anyone ever made fun of you for doing something that you like to do? It's important to forgive people who have made fun of us, even though it hurts. Ask the Lord to heal your heart from the pain, then forgive anyone who has teased or criticized you and ask the Lord to bless them.
- 3. Now, have you ever made fun of anyone for doing something that they like to do? Making fun of other people can hurt their feelings, and prevent them from pursuing their dreams. Apologize to the person that you teased or criticized, and ask them to forgive you.
- 4. Reggie the Robin encouraged Humberto when he was feeling sad. Who has encouraged you when you felt sad? Take some time to thank these people for being good friends. If you can't think of anyone who has encouraged you, ask the Lord to encourage you!
- 5. Now it's your turn to encourage someone else! Who is someone you know who needs some encouragement? Think about different ways that you can encourage them – you might want to say something nice to them (give them a compliment), make a card or draw a picture for them, bake some cookies, or volunteer to rake leaves in their yard. Be creative!
- 6. Humberto's humming blessed the ladybug, and it also blessed other animals when he started performing with the local animal bands. What are some ways that you can bless other people by doing what you love to do? For example, if you like to sing, you might want to sing a song for your family, or join a local singing group that performs in your community. If you like to draw pictures, you may want to draw a picture and put it in a frame, then give it to someone as a gift for a special occasion. Use your talents and abilities to be a blessing to other people!